



# DECEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b>Breakfast:</b> Toasty O's, Pears, & Milk <b>Lunch:</b> Turkey & Cheese on WG Bread, Carrots, Oranges, & Milk <b>PM Snack:</b> Pretzels & Juice	2 <b>Breakfast:</b> Kix, Oranges, & Milk <b>Lunch:</b> Cheese Filled Breadsticks with Salad, Peas, Carrots, Apples, & Milk <b>PM Snack:</b> Banana & Graham
5 <b>Breakfast:</b> Corn Flakes, Applesauce, & Milk <b>Lunch:</b> WG Chicken Nuggets, Green Beans, Oranges, & Milk <b>PM Snack:</b> Trail Mix & Juice	6 <b>Breakfast:</b> Kix, Oranges, & Milk <b>Lunch:</b> Mac & Beef w/ Peas, Carrots, Pears, & Milk <b>PM Snack:</b> Muffin & Juice	7 <b>Breakfast:</b> Crispix, Pears, & Milk <b>Lunch:</b> Hamburger on WG Bread, Corn, Grapes/Peaches, & Milk <b>PM Snack:</b> Cheese & Crackers	8 <b>Breakfast:</b> Kix, Peaches, & Milk <b>Lunch:</b> Turkey & Cheese on WG Bread, Carrots, Oranges, & Milk <b>PM Snack:</b> Cheezits & Juice	9 <b>Breakfast:</b> Toasty O's, Oranges, & Milk <b>Lunch:</b> Cheese Filled Breadsticks with Peas, Carrots, Apples, & Milk <b>PM Snack:</b> Banana & Graham
12 <b>Breakfast:</b> Crispix, Applesauce, & Milk <b>Lunch:</b> Chicken WG Tortilla Wrap, Lettuce & Cheese, Oranges, & Milk <b>PM Snack:</b> Trail Mix & Juice	13 <b>Breakfast:</b> Toasty O's, Oranges, & Milk <b>Lunch:</b> Meatballs, WG Bread, Corn, Grapes/Peaches, & Milk <b>PM Snack:</b> Cheese & Crackers	14 <b>Breakfast:</b> Corn Flakes, Peaches, & Milk <b>Lunch:</b> WG Chicken Nuggets, Green Beans, Applesauce, & Milk <b>PM Snack:</b> Grapes & Graham	15 <b>Breakfast:</b> Toasty O's, Applesauce, & Milk <b>Lunch:</b> Hotdog/Turkey & Cheese on WG Bread, Carrots, Pears, & Milk <b>PM Snack:</b> Pretzels & Juice	16 <b>Breakfast:</b> Kix, Pears, & Milk <b>Lunch:</b> Pizza & Salad w/ Peas, Carrots, Applesauce, & Milk <b>PM Snack:</b> Muffin & Juice
19 <b>Breakfast:</b> Corn Flakes, Peaches, & Milk <b>Lunch:</b> WG Chicken Nuggets, Green Beans, Grapes/Peaches, & Milk <b>PM Snack:</b> Trail Mix & Juice	20 <b>Breakfast:</b> Kix, Peaches, & Milk <b>Lunch:</b> Mac & Beef w/ Peas, Carrots, Pears, & Milk <b>PM Snack:</b> Cheezits & Juice	21 <b>Breakfast:</b> Crispix, Pears, & Milk <b>Lunch:</b> Sloppy Joe on WG Bun, Corn, Oranges, & Milk <b>PM Snack:</b> Cheese & Crackers	22 <b>Breakfast:</b> Kix, Oranges, & Milk <b>Lunch:</b> Turkey & Cheese on WG Bread, Carrots, Pears, & Milk <b>PM Snack:</b> Muffin & Juice	23 
26 	27 <b>Breakfast:</b> Kix, Peaches, & Milk <b>Lunch:</b> Beef WG Tortilla Wrap, Lettuce, Cheese, Applesauce, & Milk <b>PM Snack:</b> Pretzels & Juice	28 <b>Breakfast:</b> Cornflakes, Applesauce, & Milk <b>Lunch:</b> WG Chicken Nuggets, Green Beans, Pears, & Milk <b>PM Snack:</b> Grapes & Grahams	29 <b>Breakfast:</b> Crispix, Pears, & Milk <b>Lunch:</b> Hotdog/Turkey & Cheese on WG Bread, Carrots, Oranges, & Milk <b>PM Snack:</b> Trail Mix & Juice	30 <b>Breakfast:</b> Toasty O's, Oranges, & Milk <b>Lunch:</b> Meatballs, WG Bread, Corn, Apples, & Milk <b>PM Snack:</b> Cheese & Crackers
<b>WHOLE MILK: N1-T4                      1% MILK: T5-SA</b> <b>WG = Whole Grain</b> <b>JUICE: 100% Apple Juice, 100% Grape Juice, 100% Orange Juice</b>				
This institution is an equal opportunity provider.				